

Don't carry condoms in your glove box (too hot!) or wallet (heat from your rear pocket and wear & tear from movement). If you carry condoms in your pocket or purse don't for extended periods of time.

Don't use any oils as lube with your condoms. No vegetable oil, baby oil, hand lotion, petroleum jelly or anything else that contains oil. If you aren't sure don't use it. It'll cause deterioration in your condom, creating holes big enough for sperm to get through!

Don't reuse them. They are meant for one use one user, besides how cheap are you? It's gross to even consider it.

How to Wear a Condom

- 1.** Carefully open the package taking care not to damage the condom inside. Don't use your teeth or scissors. If the condom looks brittle or discoloured, dispose of it and get another one.



- 2.** As you place the condom on the head of the erect penis, press the air out of the tip. Air trapped inside the condoms can cause a break.



- 3.** Roll the condom down the shaft of the penis. If you have a foreskin, stretch it down the shaft (toward your groin) before you roll the condom down. This will prevent slipping. Press out any air bubbles.



- 4.** Check that the condom is emerging from the inside of the ring (between the ring and penis) as you are rolling it down.



- 5.** Add water based lubricant to the outside of the condom.

- 6.** After sex hold the condom at the base of the penis before you withdraw and before your



penis is soft. Don't spill! You have worked so hard up to this point to contain your semen don't blow it now. Dispose of the condom and wash up.

- 7.** Repeat as desired.

Do store condoms at room temperature in a dry place. Keep away from direct sunlight and heat. This is the only safe way to preserve the latex.

Do try using condoms when you are alone first. This will ensure that in the heat of the moment you are using them properly and will enable you to look like a pro when you want to impress.

Do use water based lubricants. This will enhance the experience and reduce the risk of breakage or of the condom being pulled off from friction.

Do dispose of them properly. This means in a trash receptacle. **Don't flush them!** Costly plumbing bills aside, no one wants to see them washed up on a beach. **Don't** throw them from your car or leave them in parks. If you are mature enough to have sex please be mature enough to take responsibility for your trash.

Do have fun and play safe.



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Condoms Do's and Don'ts

These condoms are made of natural rubber latex.



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